

## CUPE BENEFITS 2016 - 2020

### **Lifetime Extended Health Maximum - \$1,000,000**

#### **Monthly Cost to Members:**

#### **Extended Health Care**

Single	\$18.27
Family	\$41.25

#### **Dental**

Single	\$7.18
Couple	\$14.03
Family	\$28.61

#### **Deductible**

\$100 deductible beginning January 1<sup>st</sup> of each year per individual or family – what this means is that the first \$100 of any drug or professional services claims you will be responsible for.

Not applicable to:

- Hospital Care
- Vision
- Out of Province/Canada Emergency Medical Treatment

#### **Professional Services Plan Coverage and Allowances**

<b>Service</b>	<b>Allowance Per year</b>	<b>Initial Visit</b>	<b>Subsequent Visits</b>
<b>Acupuncture</b>	\$400	\$100	
<b>Chiroprapist/Podiatrist</b>	Unlimited/1 x-ray per year	\$110	\$75/\$200 surgical trays
<b>Chiropractor</b>	\$200/1 x-ray per year	\$80	\$60
<b>Massage</b>	Unlimited	\$112 per hour	\$112 per hour
<b>Naturopath</b>	\$200		
<b>Physiotherapy</b>	Unlimited	\$143	\$95
<b>Psychology/Registered Clinical Counsellor</b>	\$800 combined	\$200 per hour/\$50 group therapy	
<b>Speech Therapist</b>	\$250	\$140	\$130

## Vision Care

- Prescription glasses or contact lenses \$400 every two calendar years with no deductible
- Eye exams - \$100 every two calendar years

## Dental

- **80% for Level 1 – Basic Services**
  - complete oral exam every two years
  - Full mouth xrays every 3 years
  - One unit of light scaling and one unit of polishing- every 5 months to a maximum of twice per calendar year (teeth cleaning)
  - Fillings – and replacement fillings
  - Extractions
  - Injection of antibiotic drugs
  - Minor surgical procedures

### **80% - Level 2**

- Root canals
- Periodontal services for treatment of diseases of the gums

### **60% Level 3 – Dentures**

Initial provision of full or partial dentures  
Replacement of removable dentures

### **60% Level 4 – Major Restorative**

Denture repairs  
Crowns or veneers  
Bridgework

### **50% Level 5 – Orthodontics- \$3,000 per lifetime**

If the costs of any proposed dental treatment is expected to exceed \$500 – it is advisable that you submit a detailed treatment plan from your dentist before treatment begins. Then you will be advised as to the amount you will be covered for.